### The Viking Voice

Northeast High School • Kansas City, Missouri

www.northeast.kcpublicschools.org



I would like to welcome our staff and students back from the winter break and wish you all a very Happy New Year! I am excited to see what the second half of the school year brings to the wonderful students and staff at Northeast High School!

As 2023 begins, I want to ask our families to be mindful of re-establishing morning routines so that your children are in attendance and on-time each morning. Arriving to school on time and ready to learn helps to ensure that the rest of the day goes well for students. In addition to morning routines, we also ask our families to continue to be mindful of scheduling appointments. We recognize that there are times when an occasional early dismissal or late drop off is necessary for an appointment or urgent family need, however this loss of instructional time can affect a student's academic achievement. Please make every effort to schedule appointments after school is released. Together we can provide our students with a quality educational experience that leads to increased levels of academic achievement.

With that said, I wish to welcome back all of our students, parents/guardians, and school staff as we work collectively ensure that all of our educational partnerships remain focused and strong.

Lastly, let's take a moment to look at New Year's resolutions. Every New Year provides us with endless possibilities for new beginnings. Did you make a resolution for yourself? A fitness goal? An intellectual goal? A goal for creating greater balance? New Year's resolutions provide a great opportunity for you to help your child to better understand that we all have the power to change the things in our life that we want to improve.

Thinking about the goal of being a successful high school student, what shift does your child want to make to improve themselves as a student? Keep in mind,

simply saying, "I will do better in math," is not a resolution - it's just a dream if there's no concrete plan with measurable goals set for making this change. A better resolution might be: "I will practice every math problem that I found difficult in class even if they are not assigned as homework." Help your child choose an academic New Year's resolution that is realistic and encourage him/her to stick to it.

If I may, Ernest Hemingway once said, "Before you react, think. Before you spend, earn, Before you criticize, wait. Before you quit, try." The key action verbs Hemingway uses are: think, earn, wait and try. Let us attempt to use these words in everything we do in the upcoming year! Thank you for your support!

With Viking Pride,

Dr. Waymond Ervin Principal



### Northeast High School

### The Viking Voice



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EDITOR IN CHIEF DR. WAYMOND ERVIN



PUBLISHER MR. MELVIN BROWN



## Northeast High School Vision, Mission and Core Values

### **VISION**

#### Building Our Purpose

Northeast High School is a studentcentered college and career readiness campus dedicated to ensuring a competitive education and transforming diverse scholars into eternal learners, productive citizens, and socially aware leaders in their communities.

### **MISSION**

The mission of Northeast High School is to collaboratively increase the academic and performance achievement of each scholar while enhancing their social development and their promise as global citizens.

### **CORE VALUES**

- Educate all educational partners to achieve their individual and collective academic goals.
- Engage all educational partners to be active in a community of learners and strengthen bonds with our diverse population.
- Empower all educational partners to provide support for continued academic and social emotional development.





KANSAS CITY
PUBLIC SCHOOLS









PROBLEMS WITH MATH?

### MATH TUTORING

If you are interested in getting help for your math class or upcoming ACT test, have your parent or guardian complete the permission form. Tutoring will take place Tuesday and Thursday every week. Report to the cafeteria after school to get a snack before starting tutoring. Buses are available at the end.



Parent permission form can be found here:

https://bit.ly/NEHS\_tutoring



Getting one-on-one help is a great way to better understand what you're learning!

Keep yourself and your family safe by getting your flu shot. Flu shots are available at the Kansas City, Missouri Health Department, Monday-Friday by appointment. Call 311 to

# FLU VACCINES For adults & children 6+ months Monday, Tuesday, Wednesday 8:00 AM - 11:30 AM 1:00 PM - 3:45 PM 2400 Troost Ave. Suite 1400 KCMO 64108 Thursday 8:00 AM - 12:30 PM Friday 8:00 AM - 11:30 AM 1:00 PM - 3:45 PM

#### **UPDATED COVID-19 BOOSTERS**

KCMO.GOV/HEALTH

You can also get your Bivalent COVID-19 Booster! You can get your updated booster at the Kansas City Health Department. Call 311 or visit **kcmo.gov/health** to schedule your appointment today.

#### HEALTH

#### **UPDATED OMICRON BOOSTERS**

For adults  $\Theta$  children 5+ years old At least two months after last primary dose or last booster

Monday - Thursday 8am - 6pm 2400 Troost Ave. Suite 1300 KCMO 64108

Walk-in or schedule at: KCMO.GOV/COVID

schedule an appointment.



FREE LEGAL SERVICES

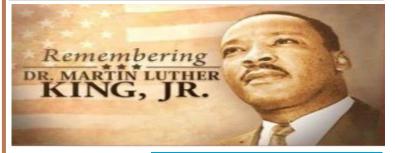
Justice in the Schools



- Family Law/Domestic Violence Protection
- Landlord/Tenant Law (eviction defense)
- Foreclosure Prevention
- Housing Issues
- Healthcare
- · Public Benefits
- Federal Benefits
- Consumer Matters

Call (816) 418-2061

The Legal Clinic is located inside Central High School 3221 Indiana Avenue / Kansas City, Missouri 64128







CALM
and
ENJOY 2nd
SEMESTER







## Jadah Moses grabs everyone's attention at the debate competition

Jadah Moses made Northeast High School proud when she participated in the Debate competition held at F.L. Schlagle High School in Kansas City, Kansas. She gave a speech on "Rehabilitation over the Prison."

She focused on three points:

- Higher rate of the prison population of African Americans.
- Prison sentences ruins the life of citizens.
- Rehabilitation benefits citizens to be on their feet and makes them emotionally, physically, and mentally stronger.

Brilliant job, Jadah! Kudos to Debate Team Sponsor, Dr. Ami Ladhawala!







# International Parent Potluck



Hosted at Northeast High School





Dr. Ami Ladhawala received a big surprise from the KCPS Education Foundation. Ms. Nicole Collier-White, KCPS Foundation Director, handed Dr. Ladhawala a certificate of Grant Award for implementing the Positive Behavior Intervention System (PBIS) and the Debate Club in Northeast High School. The money will go towards awarding students, celebrating Honors' Day, and students' incentives for academic achievement and attendance.













A special "Thank You" to the Kansas City Repertory Theater's Director, Ms. Melinda McCrary, and Curriculum Coordinator, Mr. Chris Odam, who invited a group of Northeast High School students to watch the play inspired by the classic novel, "A Christmas Carol." Students enjoyed the storyline, performance, stage effects, and the live music. They said it was a great theatrical education experience! These Vikings were accompanied by Media Specialist, Ms. Carmen Truax, Trauma Clinician, Ms. Lauren Bishop, and Home School Coordinator, Ms. Rebecca Flores-Price.



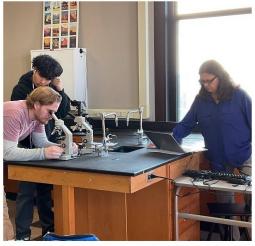
### Biology students looks through a different lens

In Mr. Cunningham's Biology classes, students have been investigating the building blocks of all life cells. They have been comparing prokaryotic and eukaryotic cells. Prokaryotic cells don't have a nucleus or bacteria while eukaryotic cells have a nucleus/plant, animal, fungi, protists. Students have been using microscopes to investigate cell organelles and functions, as well as differences and similarities between different kinds of eukaryotic cells, such as plant and animal cells. Students were engaged in analyzing and evaluating their observations. Great job Mr. Cunningham and Ms. Ritter!





















### Antoine Bullocks represents Viking Nation at Student Voice Showcase

On December 6<sup>th</sup>, KCPS hosted their Student Voice Showcase. This was the culmination of 15 weeks' worth of work from 11+ schools around the region and due to our involvement and leadership, KCPS was chosen to host the pitches. Senior Antoine Bullock led our portion and presented about doing interviews with stakeholders to show the humans behind all the work we are doing. Both Mr. Andrew Corrao and Mr. Andrew Kreiling advised on the project, and this is the second year Northeast High School has been included. "This project gave me confidence in myself and allowed me to let others share their stories," Antoine said. His job isn't done as he is tasked with continuing to do interviews with the people in our building. Great job Antoine!







Real World Learning





# Viking girls go "Go Red" with STEM

# Holiday Readers' Celebration



Northeast students who have perfect attendance and excellent grades were invited to the Holiday Readers' Celebration. These students were recognized for their academic achievements and exemplary performance in the school. During the festivities, they made holiday ornaments and received a gift. Great job Vikings!

A group of female Viking students from Ms. Spearman's Science Class attended the "STEM Goes Red" event hosted by the American Heart Association. This was an out-of-classroom experience for high school girls! High School Scholars from across Kansas City Public Schools experienced interactive breakout sessions. participated in speed mentoring and successful female leaders in the fields of Science, Technology, Engineering, and Math.

Great job Vikings and Ms. Mariccia Spearman-Kaki advocating for more women in the STEM field! CONGRATULATIONS

### Gold Star Memorial Scholarship Awardees

AR LA SA DA SHA BE WAH SAY







Every year the Northeast High School Alumni Association Elf Committee organizes a holiday party for our students with the funds that generous Alumni members donated. A selected group of Viking students were invited to eat pizza and desserts. They also received a gift bag and a gift card. Thank you to the Alumni Elf Committee for making our students smile and have an enjoyable time!

Watch the video on the school Facebook page, Twitter or Instagram





# Northeast HS hosted its first COLLEGE COMPLETION DAY!





Last month we had a successful turnout and results from our very first College Completion Day! The event took place here in our very own library. Every space was used to spread out each station for our Class of 2023. The purpose of our multi-station workshop was to give our scholars access to time and space to complete essential college planning tasks such as: FAFSA, College Applications, Scholarships and resumes with experts at each station.

Our college access team organized this event with the help of community and educational programs. We send a huge thank you to the following organizations for their involvement and support on this day: Hispanic Development Fund, KCPS College Access Specialists, NEHS Alumni Association, Central Bank, MCC Financial Aid staff, and UMKC Office of admissions. A special thanks to our Northeast High School community for making this event happen. Students appreciated the motivational cards written by Northeast teachers and staff. We all worked hard on this day and rewarded our students and volunteers with a free Taco Bar lunch and goodie bags sponsored by our Family College Prep Program and KCPS College Access Specialist. We must work as a community and continue motivating our seniors to plan for their future and complete all of their to-do tasks. Congratulations Class of 2023 we look forward to all you will accomplish in the near future!











### Vikings and Tigers represent at the DECA Central Region Leadership Conference

Submitted by Casey Donahue, Business and Marketing Teacher, Lincoln College Preparatory Academy

On Friday, Dec. 9, 2022, DECA students from Northeast High School and Lincoln College Preparatory Academy landed in Milwaukee, Wisconsin, excited to participate in the Central Region Leadership Conference. They spent two days competing against and networking with more than 1,500 students from 13 states.

DECA is a career and technical student organization that focuses on business, marketing and entrepreneurship careers. Students compete in a variety of events including role plays where they are put in positions such as Marketing Managers, Human Resource Specialists and Advertising Consultants.

At the Central Region Leadership Conference, our students had the opportunity to listen to three incredible guest speakers: Dr. Layman Hicks, Kate Garnes and Brandon Lee White. These speakers engaged students with motivational messages throughout the conference. Students also attended a variety of workshops when they weren't competing, including sessions on teamwork, networking, career planning and strategies to balance school and life.

and on Saturday night, students attended DECA Fest with a live DJ, games and local vendors serving Wisconsin treats. Northeast and Lincoln Prep students also got to explore the city. Our group had dinner in the Historic Third Ward at the Milwaukee Public Market, explored the Marquette University campus and strolled down the Milwaukee River-Walk to see the holiday lights.

Our students were incredibly respectful and engaged throughout the trip. As their teachers, we are proud of how they represented Northeast, Lincoln Prep and KCPS. We look forward to growing our DECA program and establishing chapters at other KCPS schools. Thank you to everyone who worked hard to make this trip happen — our students will remember it forever.





Students from Northeast High School and Lincoln College Preparatory Academy attended the 2022 DECA Central Region Leadership Conference in Milwaukee, Wisconsin.



### Viking Voices spread holiday cheer to seniors

On December 15th, the *Viking Voices* Choir went on a field trip to sing Christmas carols in the community. They started by singing for residents at Parkview Nursing Home. Residents in the audience sang along with them. One even conducted along! The best was after the performance without prompting the students, they started wishing the residents happy holidays, shook their hands, and thanked them for listening. After that performance, they went and sang the carols for Clara Manor Nursing Home. And the students were amazing! Ms. Martha Carter was the accompanist. After this performance, a man approached Mr. Scott Kinworthy, Director of Chorale Activities, and thanked him for having the students perform. He then proceeded to tell Mr. Kinworthy how he sang in his high school choir and started crying. All the students around stopped and listened to him. While crying, he said listening to the students perform took him back to his youth when he was singing in high school and said they were some of his fondest memories. Our students then started shaking his hand and even gave him hugs. "It was an awesome day, and I could tell that our artist-scholars felt like their performance made an impact," said Mr. Kinworthy.













# 

Before going on Winter Break, Northeast High School students' academic performance were rewarded by taking them to AMC Theatre to see the movie *Avatar - The Water Way*. They were very excited and because of the number of students who attended, they took up the entire theater! Congratulations to all of the students who worked hard to bring their grades up before the end of the First Semester! Kudos to Dr. Ami Ladhawala and our school's PBIS Team members for coordinating this outing!











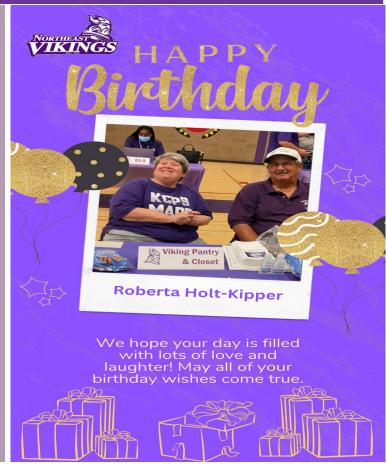


### "PURPLE GLORY"



Northeast High School is proud to present our Viking Dance Team, "PURPLE GLORY"!

These young ladies did an outstanding job performing at the January 5th girls' basketball game! Ms. Al'eysha Byrd is their Dance Coach.











**Taking Better Care Of Me In 2023** 

FREE MEMBERSHIP FOR THE ENTIRE MONTH OF JANUARY (21 YEARS & OLDER)\*



Enjoy the benefits of a full-scale Fitness Facility serving our community

#### **Visit Us On Facebook**

\*Masks & Temperature Checks are required daily to work

\*Health History & Emergency **Contact Forms must be** completed

Hours: Monday-Friday 7am-7pm CALVARY COMMUNITY WELLNESS
Saturday 8am-Noon
(Closed Monday, January 16
for Dr. Martin Luther King, Jr.
Holiday)
Holiday

\*Offer expires January 31st

### SPECIAL PERFORMANCE

The Kansas City Friends of **Alvin Ailey - Ailey Trio** 



**January** 

6:30 PM to 8:30 PM ST. MARK earlystART 2008 E. 12th Street Kansas City, MO 64127

FREE Admission for all EarlystART families and the surrounding community

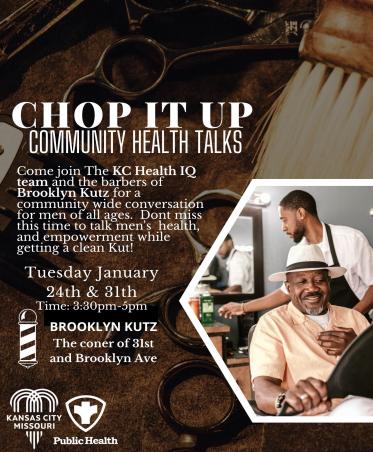




United Way of Greater Kansas City











### Respiratory Syncytial Virus (RSV)

People are usually infected with RSV for the first time before the age of 2 but adults can also be infected.

### How can RSV spread?



Getting virus droplets from a cough or sneeze in your eyes, nose, or mouth.



Touching a surface that has the virus on it, like a doorknob, and then touching your face before washing your hands.



Having direct contact with the virus, like kissing the face of a child with RSV.

People with RSV can become contagious 1 or 2 days before showing symptoms and still be contagious for 3 to 8 days after symptoms appear.

Symptoms of RSV



- Runny nose
  - Coughing
  - Sneezing
- Fever

People with RSV show symptoms within 4 to 6 days after getting infected. Symptoms include:

- Wheezing
- · Decrease in appetite



Symptoms in very young infants with RSV can include irritability, decreased activity, breathing difficulties, and signs of dehydration (less wet diapers and/or no tears when crying).



Call your doctor if your child is having difficulty breathing (shallow breaths, very fast/slow breaths, noisy breathing, change in color of skin), not drinking enough fluids, or experiencing worsening symptoms.









### **STUDENT SUPPORT SERVICES**







### Counselor



MRS. LANE

Room 301



#### Schedule to meet with me

Email: jlane@kcpublicschools.org Calendly: calendly.com/meetmslane Google Voice: 816-535-8204

> SCAN QR CODE TO SCHEDULE A MEETING



- Individual & Group Counseling
- · Academic Guidance
- Social Emotional Support
- Career Development College Planning
- Safe & Responsive Environment

- Make Class Schedule
- · Develop Coping Skills
- · Problem-Solving
- Study Skills
- Time Management
- Mental Wellness

M - Z

### Counselor



MR. ZARU

Room 418

Schedule to meet with me

Email: jzaru@kcpublicschools.org Calendly: calendly.com/jamalzaru Office Number: 816.418.3309

> SCAN QR CODE TO SCHEDULE A MEETING



- Individual & Group Counseling
- Academic Guidance Social Emotional Support
- Career Development
- · College Planning
- Safe & Responsive Environment
- Make Class Schedule
- · Develop Coping Skills
- · Problem-Solving
- Study Skills
- Time Management
- Mental Wellness

TRAUMA SENSITIVE SCHOOL

### Clinician VIKING

MS. BISHOP



Schedule to meet with me

Room

330

Email: lbishop1@kcpublicschools.org Calendly: calendly.com/laurenbishop Work Cell: 816-305-5777

> SCAN OR CODE TO SCHEDULE A MEETING



My name is Lauren Bishop, LCSW, and I am the Trauma Clinician at Northeast High School. My office is in room 330 and I am often in room 332 working with students and planning for Social Emotional Learning.



My job is to work with students and families to meet social emotional needs, assist in providing resources or referrals as needed, provide crisis management as needed, and support staff in providing social emotional and trauma informed support to the

Please come by and say hello or schedule a time to meet! I look forward to working with many of you this school year!!

C Lauren Bishop, LCSW



HOME SCHOOL

### Coordinator

BOYS & GIRLS SOCCER COACH VIKING

MRS. FLORES-PRICE



Email: rflores@kcpublicschools.org Calendly: calendly.com/rfloresprice Phone: 816-418-3337

> SCAN QR CODE TO SCHEDULE A MEETING



I am Rebecca Flores, HSC, e Home-School coordinator and I work alongside administration, attendance, and the counseling team.

I am also here to support teachers with students that need academic, behavior, or attendance intervention. The Home-School Coordinator works as the school connection between the school and the home to help improve student attendance and ensure academic success. The Home-School Coordinator works with students whose ability to function in the school environment had been affected by issues such as housing instability, truancy, poor attendance, substance use, and/or behavioral problems and deals immediately with the individual student problems in a constructive, supportive, non-judgmental manner.

If you have any questions or concern, please feel free to email me, stop by my office which is room 332, or set up a meeting using the QR Code.



Room

332C

COLLEGE ACCESS **Specialist** 

MS. TAYLOR



Schedule a **Meeting with me** to plan for life after high school

Email: btaylor@kcpublicschools.org Calendly: calendly.com/bstaylor2022 Google Voice: 816-514-4758

> SCAN QR CODE TO SCHEDULE A MEETING



- College
- Military
- Workforce
- Resume Writing
- Trade School
- ACT /SAT Registration Transcripts
  - · College Planning for 9th-11th graders

Financial Aid/FAFSA

KC Scholars

A+ Scholarship

Scholarships



FAMILY COLLEGE PREP PROGRAM



Room

255

### Advisor

MS. CASTANEDA

Room 260



Schedule a **Meeting with me** to plan for life after high school

Email: castaneda@kcpublicschools.org Calendly: calendly.com/ms\_castaneda Google Voice: 816-787-1713



- Military
- Workforce
- Resume Writing
- ACT /SAT Registration Campus Tours
- Trade School • 1-on-1 Meetings
- Financial Aid/FAFSA Family Meetings

KC Scholars

Scholarships

Transcripts

· A+ Scholarship



SCAN QR CODE TO SCHEDULE A MEETING





### **WINTER WORD SEARCH**



W E H E R W G S S F M T A J 0 H V 0 L J N J V H N J J 0 C S G K F R A M E 0 K 0 L 0 M N R H B P T T D P P W W D B E E F Q 0 Q 0 W N S L T E P W N ı K P K Z S Q Q M W D D 0 M F A D A S U K W K K N Δ B Δ F П N S E S D E U W A W S W G D M A D W X S X R U X N B D 0 C C C C C D D P 0 A D D S 0 G G D D D D Ξ C C E C B R E E S E R R H R P A

See how many of these words you can find in the puzzle. The words can be forward, backward or diagonal.

- Snow
- 2. Snowman
- Winter
- 4. Weather
- 5. Shovel
- 6. Cold
- 7. Freezing
- 8. Snowflake
- 9. Slippery
- 10. Slide
- 11. Sledding
- 12. Skating
- 14. Hat

13. Scarf

- 15. Earmuffs
- 16. Mittens